

GAME CONCEPT POLICY

Chezasports Football Club *is committed to adopting a playing style*, strategy and system that gives each individual player *the opportunity to succeed* at every stage of the developmental process and program.

Ultimately, at first team level, the aim is to succeed in winning football matches and to progress up the FKF League levels. Playing a game *that embodies good football in terms of passion and commitment, to win with style.*

The following characteristics distinguish *the top teams and top players* in modern soccer. The following table summarizes the modern soccer trends from which the club has modeled its game concept.

MODERN SOCCER TRENDS	MEASURABABLE STATS
Players perfecting <i>basic technical skill of passing</i> , short range and long ranging passing with speed and precision	Top teams averaging more than <i>500 passes per game</i> . With a <i>success rate of more than 80%</i> .
Players covering more distance during games especially	A team has to run 115 to 126 Km collectively if it wants to play at the highest level. <i>Elite soccer players run on average more than 12km per game</i> . The <i>average heart rate</i> for top soccer players who move throughout the game is <i>160 bpm</i> , <i>which is roughly 80% of maximum oxygen absorption</i> .
wingbacks and midfielders covering most distance	That is <i>12.9 - 14.5 km per game</i> . Example Mathieu Flamini of Arsenal London holds the European record <i>of more than 14.5 km per game</i> .
More use of the keeper as a sweeper	international top-level goalies <i>cover approximately 6.4km per game</i>
Increased speed of players	Soccer has turned into <i>a very intense intermittent serial sprint discipline</i> in which a

	player has to complete <i>up to 190 sprints per game</i> . In some cases, <i>top international players run faster than 20.5 mph during a game</i> when sprinting without the ball
teams possession <i>tries to fan out as wide and as deep as possible</i> to counteract the narrowing of the playing field	distance between line players ranging between 20m to 30 m
modern offensive play has <i>high variability and creativity</i> , as well as <i>perfect positional play</i> ,	<i>No of goals from field wing players "laterally reversed"</i>
	no of <i>switch plays</i>
	High no of diagonal <i>switch runs</i>
<i>Using fast, vertical counterattacks with few touches</i>	<i>Shot on goal approximately 6 to 10 seconds after a turnover.</i>
Fast counter-pressing is now a prevalent	At more <i>shorter distances</i> to the opposing goal,
<i>there has been a very definite trend toward headers in soccer,</i>	In the 2012 European Championships <i>22 of 76 goals</i> were scored with a header!
Today it matters more than ever which team takes the initiative and <i>scores first</i>	No of wins for teams who take the initiative by scoring first

PLAYING PHILOSOPHY STATEMENT

Chezasports Football Club will play *an offensive proactive style* characterized *by adopting a formation* which positions players to stretch our opponents wide and deep in all phases of the forward play;

Emphasizes starting the game on a high tempo by Deploys a defensive high line with the keeper covering as a sweeper and encourages our players to quickly regain possession after turnover in attacking third

The attacking strategy will generate from regained possession and include 'quick play', combination play, and patterns of play in relation to the area of the pitch, and 'counter attacking' as well as considering 'risk'.

On gaining and regaining possession players will be developed and encouraged to counter-attack with pace down the flanks and through central areas of the pitch in order to create goal-scoring opportunities whilst ensuring security at the back.

If counter attacking opportunities blocked emphasis will be on quality possession and appropriate movement of players to retain the possession in order to develop an end product in the attacking third of the field.

Highly depends on wingbacks and midfielders for penetrating opposition lines by to creating overloads in wide areas also encourages all players to run to space behind opposition lines when opportunities arise (TOTAL FOOTBALL)

Encourages positional interchange in attacking third to evade markers. Encourages shots from outside box from inverted wingers. Focus on the quality cross plays from all angles and finishing using headers

Chezasports Football Club will generally 'play out from the back' utilising a 4:2:3:1 or 4:3:3 formation. Players will be encouraged to demonstrate variety, cleverness, audacity and calculated risk taking, having taken into consideration the area of the pitch when in possession of the ball. When in our own defending areas, risk taking needs to be considered quickly with decisiveness, and players demonstrating their understanding and assertiveness.

Transition – (When possession is lost players will be developed and encouraged to ‘switch on’ and revert to the defensive strategy in order to attempt to gain or regain possession.

All players will be educated over the period of the season with reference *to specific opposition formations and strategy*, The Club will defend effectively and efficiently using a controlled, calculated and concentrated approach, which will demonstrate assertiveness in the defending units of players.

The contribution from defending players will demonstrate their understanding and tactical awareness of the teams defending strategy and objectives in order to regain possession, including; Roles and Responsibilities (nearest defending player to the ball), Concentration (switch-on), Compactness (team shape) and Communication (awareness and information).

The defending strategy will combine the player understanding of when to ‘Press High’, when to ‘Drop Off’ and when to ‘Defend Deep’. Players will be coached the various defending strategies to meet the demands of the game and the opposition (playing information) e.g. If the opposition generally plays out from the back. Chezasports FC players will understand why and when to engage the player in possession, considering the opposition system of play and personnel.

In the 4:4:2 formation playing against sides who are recognised for ‘playing out from the back’ the team will adopt a high pressing strategy and attempt to regain possession in the opponents defending third of the pitch. The requirement is to defend as a team and regain possession as high up the pitch as possible ensuring security at the back.

Playing against teams who play a more ‘direct’ style of football the formation and strategy will be adjusted to ensure the players understand their roles and responsibilities of when, where and how to ‘drop off’ and create an ‘overload’ of players in defensive areas.

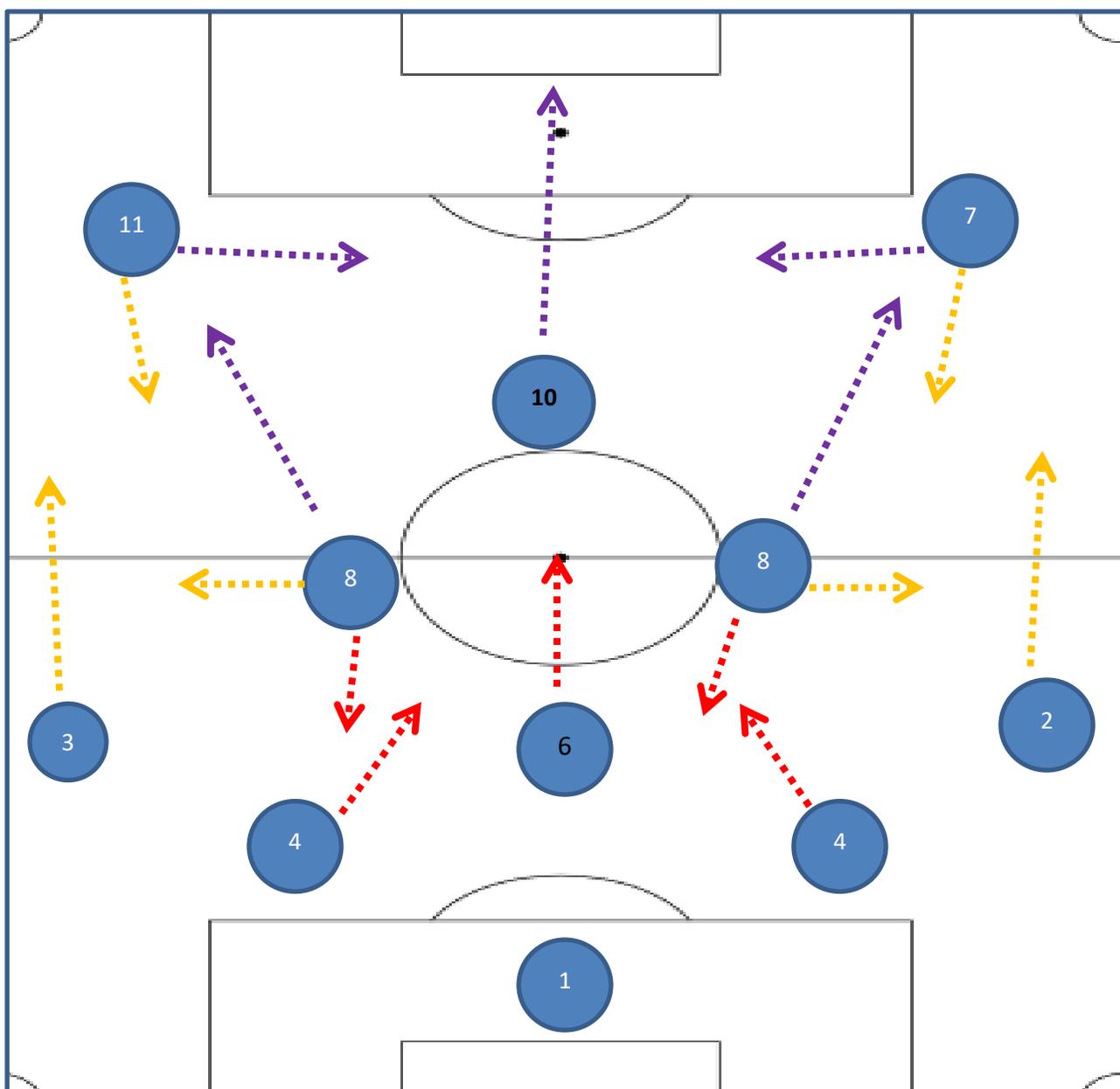
Teams that play ‘down the flanks’ will be countered by ensuring the formation and strategy (possibly 4:5:1 or 4:2:3:1) allows for the ‘wide’ midfield players to track, recover and support the fullbacks.

Teams that play through central areas will be countered through 4:3:3 in order to create a balance in the middle third of the pitch with wide players expected to ‘tuck-

in' and create a defensive block and screening strategy. Players will be required to ensure Concentration, Compactness and Communication.

Transition - (When possession is gained or regained players will be developed and encouraged to ensure possession is maintained with quality).

The general pattern of play is a combination of playing 4:4:2 diamond with adaptation to 4:3:3, 4:2:3:1 and 4:1:3:2 going forward



Players educated *in adapting the team formation to suit the playing strategy* in order to compete against other teams. Team Formations and Systems of Play will *include adaptation to 4:4:1:1; 4:5:1; 4:3:3; 4:1:3:2; 4:2:3:1;*

POSITIONAL ROLES

Chezasports Football Club will demand that ALL players contribute to the **attacking strategy of play**

	IN BP	IN BPO	BPO-BP	BP-BPO
SWEEPER KEEPER	Play ball to zone with 3v2, 2v1 overload	Slide in relation to ball direct back four	Play ball to most forward zone with overload or 1v1 take on chances	Push to reduce space behind back four when necessary to act as sweeper
CENTER BACKS	Play Touch and go with midfielders going forward	Move inward to isolate most offensive player 2v1 pressure cover pivot	Play ball to areas with 1v1 or overload	Block diagonal ball to most offensive player
WINGBACKS	To receive ball from GK ;Isolate overloads in mid flanks; 1v1 take on in final third	Retreat to create 2v1 defensive overload in wide areas with relevant midfielder	Play ball to areas with 1v1 or overload	Block diagonal ball to most offensive player
DEFENSIVE MIDFIELDER	Play touch and go with advancing center backs and wing backs and cover	Retreat to create 2v1 defensive overload in area with ball	Play ball to areas with 1v1 or overload	Over cover for any advanced players prevent long ball entering danger zone

	advancing player			
WIDE MIDFIELDERS	Create overload 3v2, 2v1 with wide midfielders and inverted wingers	Tracking back to form 2 nd line of defense	Collect balls in wide areas to quickly set up counter with a long ball	Form 3 man counter press with wing backs and inverted wingers
INVERTED WINGERS	Switch position with advancing teammate to create space behind them and draw marker off position	Tracking back to form 2 nd line of defense ;One remains up field when ball is in our defensive third in anticipation of counter	Play one two with striker in advanced areas or turn for 1 v1 take ons	Form 3 man counter press with wing backs and wide midfielders
OUT AND OUT STRIKER	1v1 take ons towards goal on the turn	remains up field when ball is in our defensive third in anticipation of counter	Play one two with inverted winger in advanced areas or turn for 1 v1 take ons	Tracking blocking quick balls upfront

