



Arusha Trip Packing Checklist

Clothing and Footwear

- Cheza Sports track suit
- 1 Jacket or hoodie (in case of cold weather)
- Undergarments
- Leggings
- Extra casual clothes to wear after matches(atleast 2 pairs)
- 1 pair of sandals or flip flops
- 1 pair of swimming costume
- 1 pair of pajamas(or any clothing your child is comfortable sleeping in)

Toiletries

- Toothbrush
- Toothpaste
- Tissue paper
- Sanitary products including: Body lotion/oil and deodorant

Kit wear / gear

- All players must bring all sets of Cheza kits they have (shoes, jerseys, socks)
- Shin Guards

Beddings

- Please note that it's not a necessity but players can bring atleast one Maasai Shuka or fleece if available.

Utensils

- 1 reusable water bottle

At the border;

The covid vaccine Certificate or covid test for over 12 year olds

Passport (for temporary two coloured sheet of each page)

Two Passport photos including those of parent on the ones with temporary